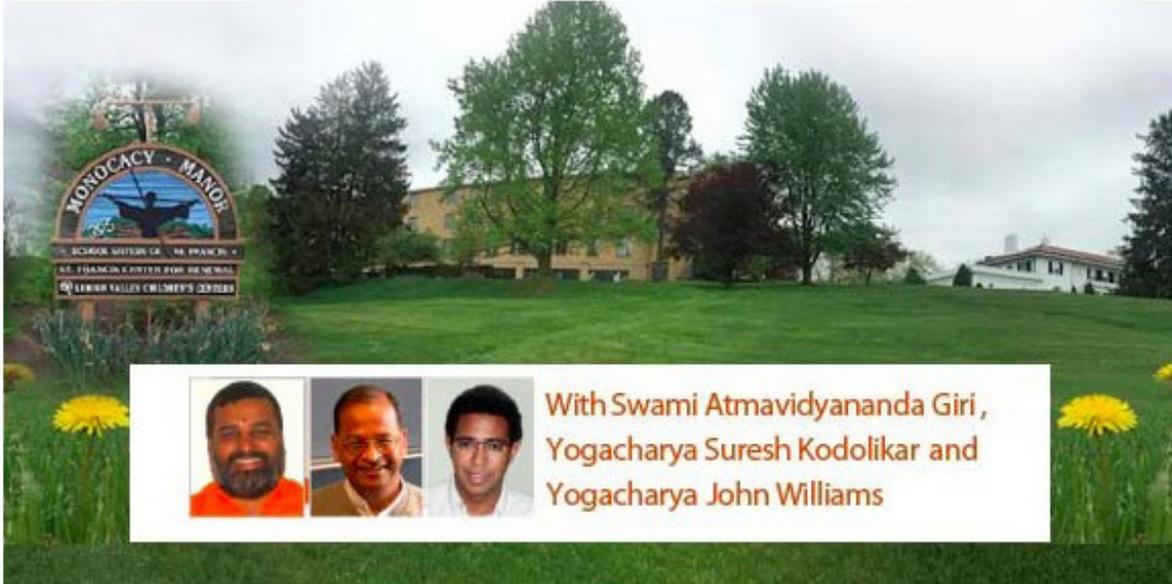


Kriya Yoga 2017 East Coast Regional Retreat

August 18-20, 2017, Bethlehem, PA

The quick way to attain self-realization

(Sadhya, Sadhaka and Sadhana)



The retreat will take place from August 18-20 at the ST. FRANCIS CENTER FOR RENEWAL, a christian retreat center dedicated to the glory of God and the gospel of Christ in Bethlehem, Pennsylvania.

Join us for this special opportunity to spend two and a half days in quiet, meditation and reflection. Led by Swami Atmavidyanda Giri and our loving teachers as we will explore in depth “The quick way to attain self-realization (Sadhya, Sadhaka and Sadhana).”

This inspirational retreat will be held 1.5 hours west of New York City in peaceful Bethlehem, Pennsylvania. Offering an atmosphere of quiet, reflection and solitude, with time and space provided for personal prayer and meditation. The retreat is being structured to provide disciples attending an opportunity to be in a peaceful environment away from the regular bustle of everyday life in order to focus on and immerse themselves in their uninterrupted meditation practice.

The East Coast Regional Retreat is a rare opportunity for extended uninterrupted guidance allowing you to deepen your meditation practice, receive spiritual teachings, gain insights into the deeper wisdom of the three pillars of practice that lead to the realization of the ultimate goal.

A special event, the Guru Paduka Puja, will be held at the program in honor of the 125th birth year of Paramahansa Yogananda. This ceremony, the ceremonial washing of Guru’s sandals will be performed and explained by Swami Atmavidyanandaji.

Retreat location: St. Francis Center for Renewal, 395 Bridle Path Road, Bethlehem, PA, (610)-867-8890
<http://www.stfrancisctr.org>

Registration: Early registration fee, prior to July 24, is \$260. After July 24 it is \$285.

- A \$50 non-refundable deposit will guarantee your space until July 24; the deposit will also be applied to your final payment.
- Registration fee includes: vegetarian meals, snacks and gender segregated dormitory lodging.

The retreat begins at 4:30 PM Friday, August 18 and ends at 4:00 PM Sunday, August 20.

Retreat information: Call Monica & Felipe at (570) 585-8659 or email monica@nyckriya.org

The retreat is open only to Kriyavans who have been initiated by Paramahansa Hariharananda/ Paramahansa Prajnanananda or authorized teachers of the Kriya Yoga Institute.